



West
Yorkshire
Combined
Authority

Tracy
Brabin
Mayor of
West Yorkshire

Healthy
Working
Life



Wellness Works - Health Hubs - Positive Mental Health & Employability Support in Mirfield & Dewsbury

For more information, please contact Wellbeing Worker Cathy Deihim on: 07729 262741, at: cathy@s2r.org.uk or visit our website: www.s2r.org.uk

September Drop In Dates:

Mirfield:

Friday 5 th , 12 th , 19 th and 26 th September	10:00 - 12:00	Salvation Army Café, 106 Huddersfield Road WF14 8AF
Friday 5 th , 12 th , 19 th and 26 th September	12:30 - 14:30	Mirfield Library, Eastthorpe Lodge, Huddersfield Road WF14 8AN

Dewsbury:

Wednesday 3 rd September	11:00 - 13:00	The 3 Strand Café, Longcauseway Church, WF13 1NH
Wednesday 3 rd , 10 th and 24 th September	13:00 - 15:00	The Arcade Pop-up, 25 Princess of Wales Precinct, Dewsbury WF13 1NH
Wednesday 10 th and 24 th September	10:00 - 12:00	Healds Road Surgery, Healds Road WF13 4HT
Wednesday 17 th September	09:00 - 11:00	The 3 Strand Café, Longcauseway Church, WF13 1NH
Thursday 4 th , 11 th , 18 th and 25 th September	11:00 - 13:00	Thornhill Lees Community Centre, 53 Brewery Lane WF12 9DU
Thursday 4 th and 18 th September	13:00 - 15:00	Greenwood Centre Library Hub, Ravensthorpe WF13 3JR
Thursday 11 th and 25 th September	13:00 - 15:00	North Road Suite Surgery, 1st Floor Ravensthorpe Health Centre, Netherfield Road WF13 3JY