



New Calderdale carers group

Starting Tuesday 10 February 2026, 11am – 1pm

Laura Mitchell Health and Wellbeing Centre,
Great Albion Street, Halifax, HX1 1YR

Come along and join in the group,
held once a month.

To attend, contact

Zahrah or **Jade** on **07918608131**.

If you require a copy of this information in any
other format or language please contact the Trust.

With **all of us** in mind.